

CCTPEI SELF-DIRECTED STUDY RECORD

College of Counselling Therapy of Prince Edward Island

GUIDANCE FOR REGISTRANTS

Self-directed study includes independent learning directly related to the practice of counselling therapy, such as reading a professional book or article, reviewing professional resources, or watching a webinar.

Registrants may claim a maximum of 8 hours of self-directed study per year. The hours claimed should reflect the actual time spent completing the learning activity. More than one activity may be submitted, but the combined total cannot exceed 8 hours in one year.

A separate record should be completed for each self-directed study activity.

A live or structured course, workshop, or webinar that provides confirmation of completion may be recorded under the applicable course, workshop, or conference category instead of self-directed study.

SELF-DIRECTED STUDY ACTIVITY

Registrant Name:

Date(s) Activity Completed:

Type of Activity:

☐

Professional book

☐

Journal or professional article

☐

Webinar or presentation

☐

Professional resource or guideline

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Other:

Title of Book, Article, Webinar, or Resource:

Author, Presenter, or Organization:

Reference Information:

Include sufficient information to identify the resource, such as a website link, publication name, ISBN, author, presenter, or publishing organization.

Time Spent Completing the Activity:

hours

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SUMMARY OF LEARNING

Describe at least two specific ideas, skills, or pieces of knowledge you gained from this activity.

1.

2.

RELEVANCE TO COUNSELLING THERAPY PRACTICE

Explain how this learning relates to your professional development or current counselling therapy practice.

REGISTRANT DECLARATION

I confirm that I completed the self-directed study activity described above and that the hours claimed reflect the time I spent completing the activity.

Registrant Signature:

Date: