

CCTPEI Determining Competency – Education Requirements

Policy Number: CCTPEI - AD - 002

Approved by: Council

Approval Date: March 28, 2022

Category: Administration

Relevant Legislation and Regulation: Counselling Therapists Regulations, section 10:
Education

Required Education Components

Applicant's must complete and be able to demonstrate education in all of the areas listed below:

1. Basic Counselling Skills
2. Counselling Ethics and Ethical Practice including Effective Use of Self
3. Models of Therapy
4. Individual Counselling Methods
5. Couples, Family and/or Group Counselling Methods
6. Clinical Assessment
7. Record Keeping / Documentation
8. Trauma Treatment.
9. Diversity and Cultural Awareness
10. Human Development
11. DSM

Applicants must hold a degree, certificate or diploma that indicates they have completed a coherent and qualifying program of education in counselling or a related field.

Coherent Program

A coherent program of education and training must include a minimum of 360 hours of classroom education and training central to the practice of counselling therapy. Required hours of clinical experience completed as part of a field placement or practicum cannot be counted toward the 360 hours. The practicum component must be supervised at a minimum ratio of 1 hour of supervision for every 10 hours of practice. A lifetime minimum of 450 hours of direct client contact are required for General Registration in the College.

Qualifying Program

A qualifying program must cover training in the first seven bolded areas. Any outstanding topic areas that were not covered within the program can be fulfilled as stand-alone courses. A stand-alone course must be a minimum of 15 hours of classroom education from a recognized,



registered or accredited private training institution or college/university. Acceptance of private training options will be at the discretion of the College and applicants may be required to submit supporting documentation.

Acceptance for Entry

All final decisions regarding entrance to the College of Counselling Therapy of Prince Edward Island will be made by the Council, or by a committee named by the council for this purpose.

In addition to education requirements, the College will consider experience, supervision, membership in professional associations, prior ethical breaches and actions taken to rectify, and additional training in the decision regarding competency to practice the profession of Counselling Therapy.

If an applicant does not meet competency standards, they may be denied entry to the College, or they may be asked to complete select education elements, mentoring, supervision or personal reflective practice to facilitate the safe and ethical use of self in the therapeutic relationship.

As outlined in the CCTPEI's Code of Ethics (Section A.3 Boundaries of Competence) please note that **all Counselling Therapists in the College of Counselling Therapy of Prince Edward Island are required to work within their scope of practice**. This means that even if a Counselling Therapist completes all the education requirements listed above, working with a methodology or approach for which Counselling Therapist can not demonstrate adequate training or competency may lead to termination of their registrant status or other disciplinary action.